

DID YOU KNOW THERE'S A NURSE AT YOUR SCHOOL?

YOU CAN MEET WITH THE NURSE FOR ANY NUMBER OF REASONS:

TO START, RENEW OR CHANGE A HORMONAL CONTRACEPTION METHOD

or to get the Depo-Provera injection



TO HAVE A PREGNANCY TEST AND GET SUPPORT IF NEEDED



TO GET CONDOMS FOR FREE

TO GET INFORMATION ABOUT:

- Diet
- Sleep
- Stress
- Romantic relationships and sexual relations
- Sexual orientation and identity
- And more



TO GET EMERGENCY ORAL CONTRACEPTION

(the morning-after pill)

TO GET AN STBBI SCREENING TEST

(sexually transmitted and blood-borne infections)

TO ADDRESS A SPECIFIC HEALTH PROBLEM

- Headaches
- Fever
- Injury
- And more



Talk to a student monitor if you need first aid.

MEETING WITH THE NURSE IS EASY!

You can:

- go to the nurse's **office** at your school
- write to the nurse on **TEAMS**
- leave the nurse a voicemail message at **450-755-2111**, ext. 423385
- use the **QR code** to make an appointment



L'INFIRMIÈRE EST DISPONIBLE 12 MOIS PAR ANNÉE.

Centre intégré
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